



Synergy Elite

50 Yarrow way,
Locks heath,
Southampton
So31 6xd



12th September 2024

To whom this may concern,

I am writing this letter to help provide more information as to what I would like to use the unit as a facility for my limited company.

I am the owner of Synergy Elite which is a cheerleading and dance programme. We are working towards having our sessions suitable for children from the age of two years old all the way up to adults.

With all of our staff being so passionate about these sports, we are looking at being able to have our competition teams in this facility to train in the weekday evenings. We would like to be able to get the athletes in from 4:30pm and finish around 9:30 pm Monday- Friday. We currently have ten competition teams so they would all be training about twice a week during the weekday period. With occasional weekend training too.

During the day we would like to be able to offer different sessions such as mother, baby and toddler groups. I am also a qualified personal trainer so I am looking to provide one to one sessions for adults to assist with their fitness. As well as adults being able to book in sport massages.



With the mother, baby and toddler groups we would have the parents stay throughout but we will only have a set amount allowed to come and we will get them to book via our booking system so we know there would be appropriate room for parking. When we have got the competition teams in, parents will be dropping their children off then picking them back up at the end of their session. These classes will be slightly bigger which is another reason as to why we will have the drop off and pick up system.

I believe that this location for Synergy Elite would have a positive impact not only for us but for the community as we will be able to offer a range of activities for different ages for this local community by being in this facility. With all the new houses that have been built there is likely to be more children around this area and there aren't many sporting activities/ facilities. As we can offer both cheerleading and dance there are more options to help get children into a sport whether they would like it to be a recreational route or competitive. I strongly believe that it is important for children to be involved in a sport at a young age to help keep them fit and healthy and to help socialise with other children that they may not go to school with.

Yours sincerely,

Jade Collison- Director of Synergy Elite